

Terms and Conditions

By signing up to your Tailor Made Coaching Programme you herby accept the following terms and conditions –

- 1) I declare that I have no illness, injury or any other reason to prevent me taking part in an exercise programme.
- 2) I accept that any injuries that occur during the course of the training programme are injuries that are potential risk of any exercise programme.
- 3) I accept that Tailor Made Coaching accepts no liability for any injuries that occur during the course of the programme and all exercise is performed at my own risk.
- 4) I accept that all payments made to Tailor Made Coaching are final and non-refundable.
- 5) I understand that once my subscription has started I will be charged on a monthly basis.
- I understand that to cancel my subscription I must email <u>sam@tailormadeprogramming.com</u> to declare my intention to cancel.
- 7) I understand that one months notice of cancellation must be given.